LEHIGH

County

CONSERVATION

DISTRICT





Financial and other support for this project is provided by the Pennsylvania Association of Conservation Districts, Inc. through a grant from the Pennsylvania Department of Environmental Protection under Section 319 of the Clean Water Act, administered by he U.S. Environmental Protection Agency.









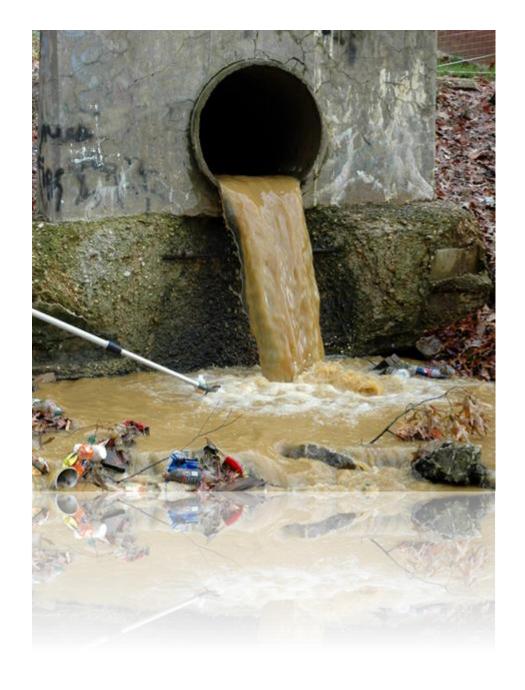
The Lehigh County Conservation District employs 16 staff that address a variety of resource management concerns: agricultural nutrient management, soil conservation, erosion and sediment control from urban development sites, conservation education, and watershed protection.



A dynamic partnership of conservation professionals providing quality service to protect Lehigh County's diverse natural resources through leadership, technical assistance, education, land protection, promotion of sustainable development, and protection of water and soil quality.







Municipal Separate Storm Sewer System (MS4)

Helping municipalities reduce pollution reaching our surface waters through storm sewer system.



Education and Outreach













Agriculture

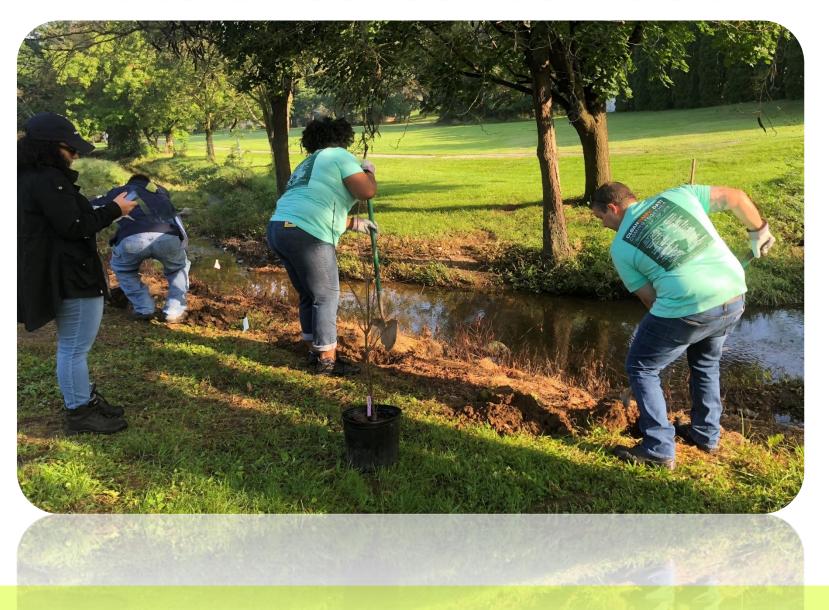


Roofed heavy use area and manure storage

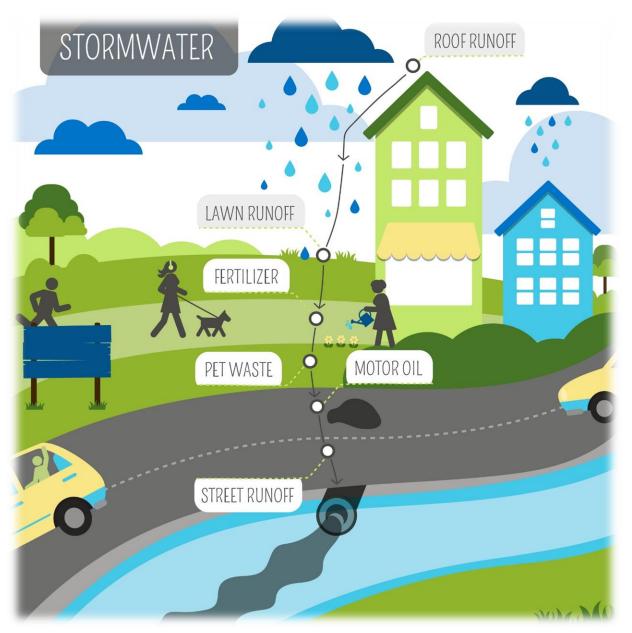


Demonstration of planting green

Watershed Conservation

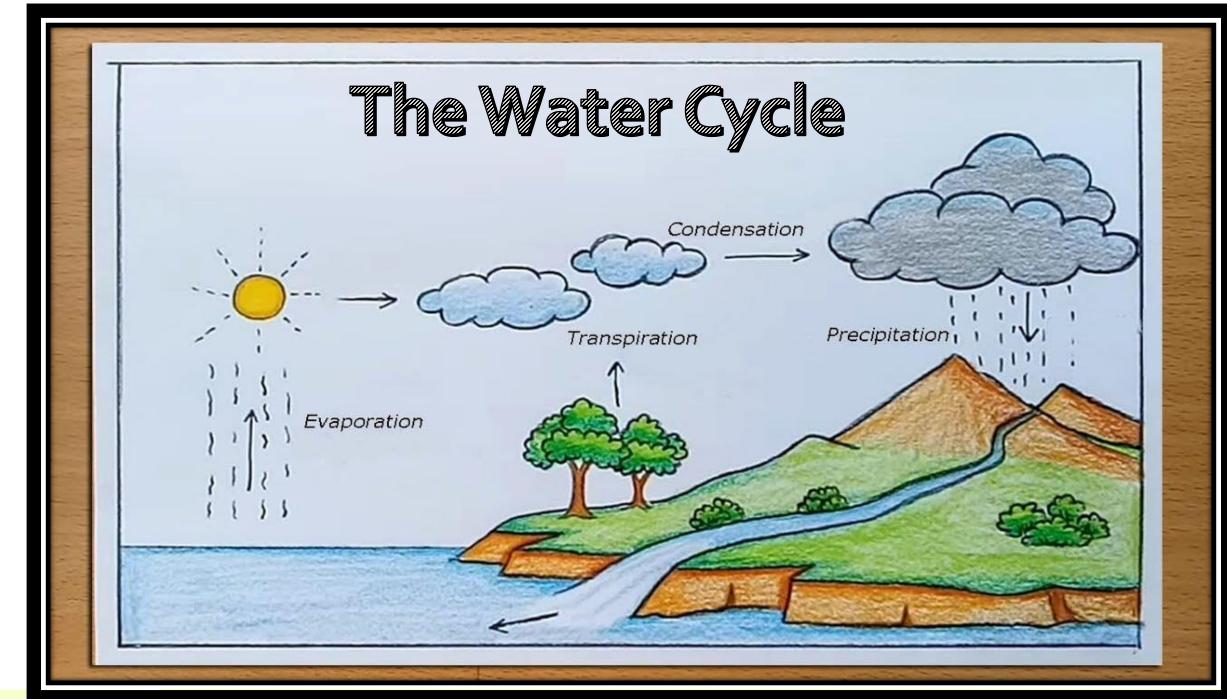


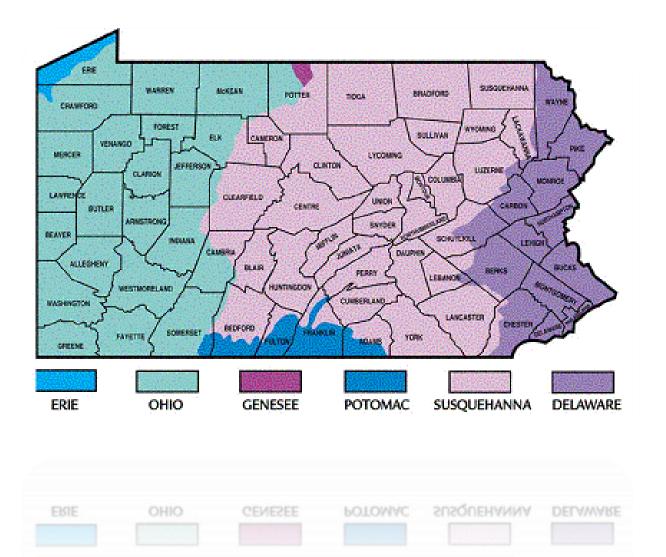












We all live in a watershed!

Watershed – the area of land where all of the water (both surface and groundwater) that drains off of it goes to the same place.









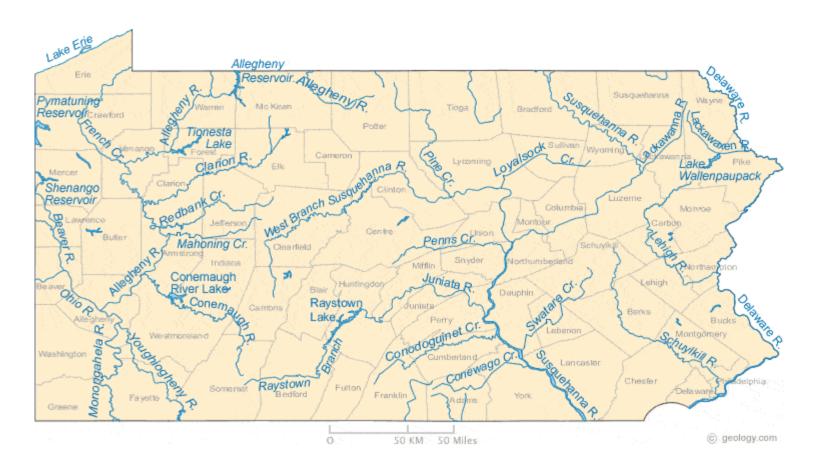




















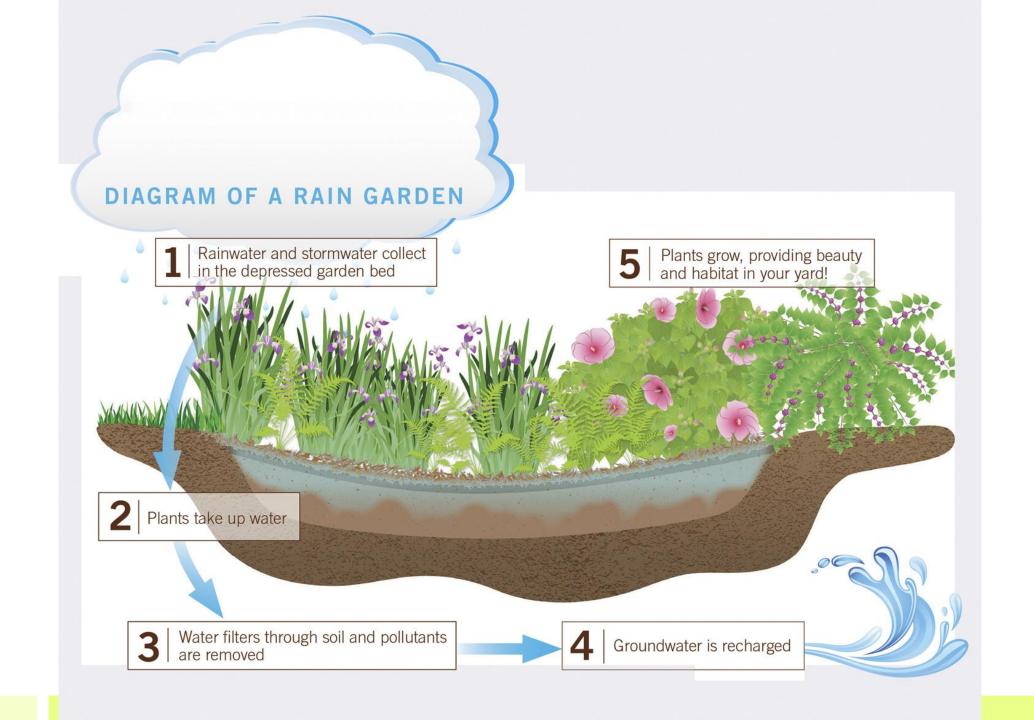
Overview

• What is a Rain Garden?

• Why Plant a Rain Garden?



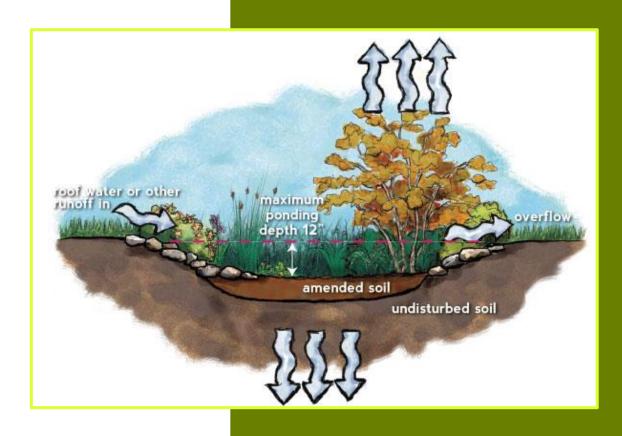
Rain Garden Design and Installation



What is a Rain Garden?

- Planted, bowl-shaped depression that can handle inundation of water and periods of drought
- Captures stormwater runoff from impervious areas
- Filters and infiltrates runoff

Capture, slow, soak, filter



Why Plant a Rain Garden?

- Hold and infiltrate stormwater runoff
- Filter runoff pollution from stormwater
- Protect water quality in watershed by reducing pollutants and volume
- Increase groundwater recharge and mimic natural hydrology
- Reduce lawn chemicals and the impact of other pollutants
- Beautify a site and create habitat



Why Plant a Rain Garden?

- Protect water quality
- Reduce NPS
- Infiltrate/filter stormwater runoff
- Cool runoff
 - Slower/cooler discharge to stream
- Benefits to property
 - Attractive native plantings
 - Increase habitat value
 - Enhance pollinator habitat
 - Decrease runoff to neighboring properties
 - Increase garden enjoyment
 - Enhance sidewalk appeal
- Increase groundwater recharge-natural hydrology
- Provide habitat for beneficial insects that eliminate pest insects
- Beautify the landscape



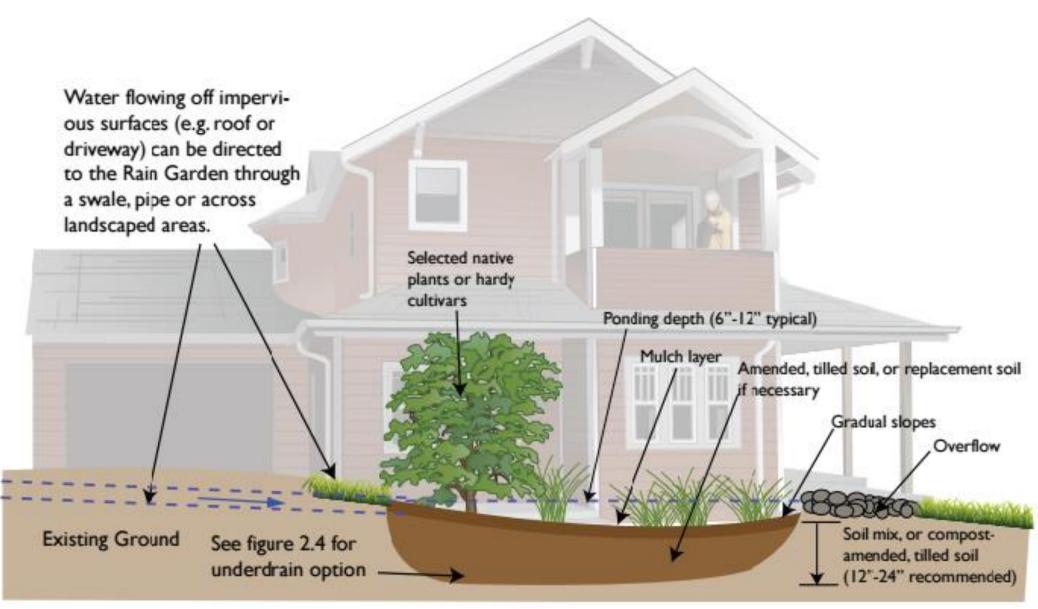


Image courtesy of the Watershed Stewards Academy Rainscaping Field Guide.

Rain Garden Design

- Choose location-Site assessment
- 3 factors to consider:
 - Amount of impervious surface draining to garden
 - Soil type (infiltration capacity)
 - Slope
 - Will determine depth of rain garden

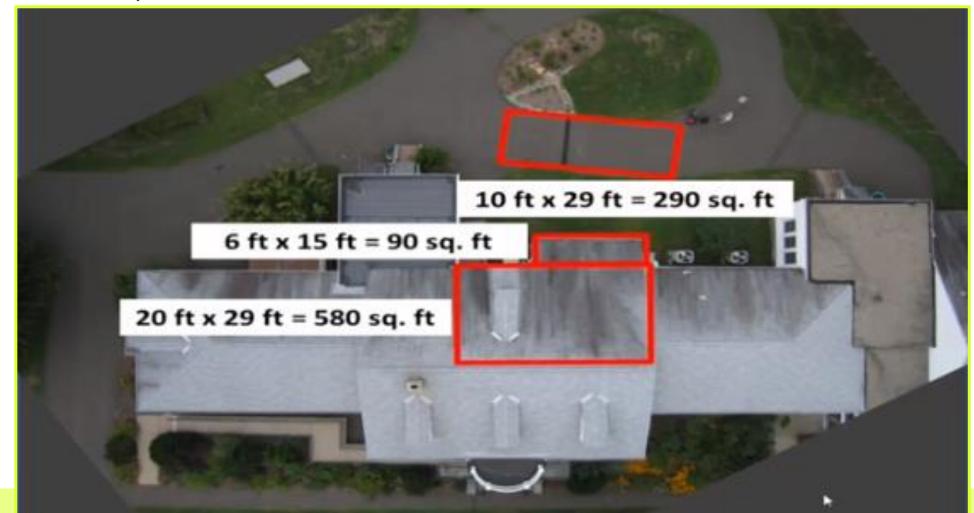


Choose Location – Site Assessment

- ➤ Drain impervious areas
- ➤ Choose the right location- Not creating a wetland!
- ➤ Natural depressions where water already flows
- >Where a downspout can be diverted to it
- ➤ Downslope from house
- ➤ Not over septic system
- ➤ At least 10 feet away from foundation (further is better)
- >Area that drains-avoid areas with high water table
 - OMay choose area where water ponds *if* it drains relatively quickly (within 72 hours)
 - oInfiltration test
- ➤ Avoid steep slopes

Calculate Impervious Area

- > Determine how much runoff will drain to rain garden
 - Calculate size of impervious areas that will drain to rain garden: driveway, sidewalks, roof, etc.





Rain Garden Infiltration Test

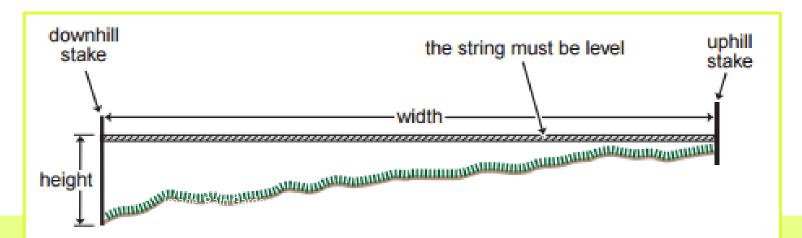
- Various methods-choose one and follow through
- Dig 6-8" deep hole where you want to install rain garden
- Presoak-Fill with water and let drain completely
- Fill with water a second time
 - >Use ruler to measure how many inches drain in an hour
 - If ≥ .5 inches/hour, ideal for rain garden
 - If ≤ .5 inches/hour, choose another location or amend with soil with sand, topsoil, or compost
- If water does not drain within 24 hours,
 choose another site



Determine Slope-Rain Garden Depth Calculation

- > Put stakes 12-15 feet apart, one uphill and one downhill
- > Tie string on uphill stake and run it to downhill stake
- Use level to ensure it is horizontal
- > Measure horizontal distance between two stakes
- Measure height on downhill stake from ground to string
- (Height/Width)x100=slope percent
 - Slope<4%, build a 4-inch deep rain garden
 - Slope between 5 and 7%, build 6 inch deep rain garden
 - Slope between 8 and 12%, build 8 inch deep rain garden
 - Slope>12%, choose another location or use other BMPs

Avoid digging too deep as it will pond water too long



Determining Size of Your Rain Garden

- Size of impervious area
- Soil characteristics (infiltration capacity-good location or not)
- Slope (determines depth)

<u>Area of impervious surface</u> = area of rain garden (ft²)

depth



DESIGNING A RAIN GARDEN

-CALCULATE GARDEN AREA

-DETERMINE LOCATION

-DETERMINE AVAILABLE SUN

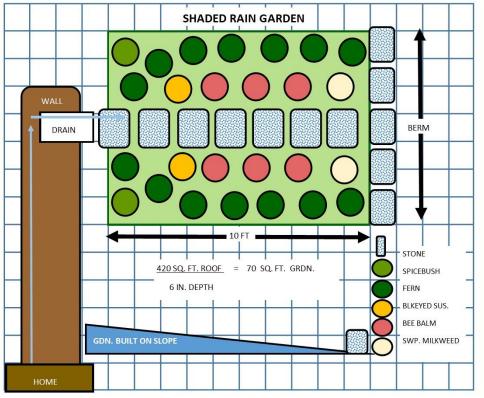
-SELECT APPROPRIATE PLANTS

-DESIGN GARDEN LAYOUT



DETERMINING SIZE OF YOUR RAIN GARDEN

- Measure the square footage of the impermeable roof or pavement area that will drain into your rain garden.
- Assuming most storms are 1-inch storms, and that your garden will be at least 6 inches deep, divide the total square footage of your impermeable surface by 6.
- The number you arrive at will equal the appropriate sized square footage needed for your garden scenario. Draw the outline of your garden below.



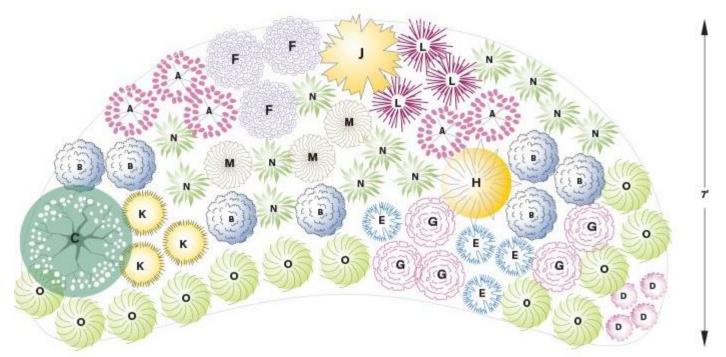
1 Grid Square = __1__ Square Feet In Your Rain Garden

RAIN GARDEN PLANT PLACEMENT: Remember that there are three zones in a rain garden: Zone 1 is the wettest zone and is toward the inside center of the garden or at the bottom of a slope. Flood tolerant plants should be place here. Zone 2 is on the periphery of Zone 1 and should house plants that tolerate some water. The outer-most zone (or top of a slope), Zone 3 is the driest zone. A berm to contain flood water during large rain events can be built around the garden or at the bottom of a sloped garden. After outlining your garden on this worksheet, indicate what plants you'd like to place (in odd-numbered groups of 3, 5 or more if the garden is large) and where you'd like to place them. Choosing native plants is best for this type of garden.

Rain Garden Design

• Choose a size and shape that fits in your yard

- Shape
 - > Kidney, tear drop, crescent shape
 - ➤ Many websites/resources offer rain garden templates
 - Rain Gardens-A How-To Manual for Homeowners PDF
 - http://raingardenalliance.org/planting/design
 - Ensure plant lists in templates contain native plants





Remember septic, utility lines, etc.











Rain Garden Construction



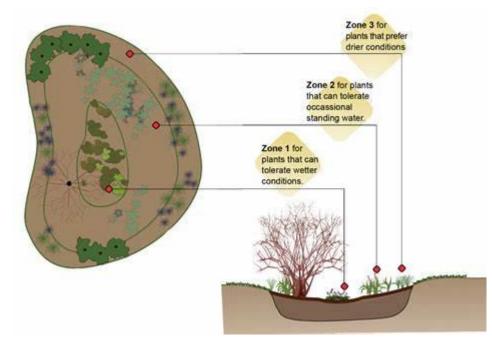
- PA One Call before you dig!
- Define perimeter with stakes/flags
- Can use string across area and level to ensure it is level
- Use extra soil from leveling to create berm at bottom of slope
 - Loosen soil for plantings. May need to add soil amendments at this time if high clay content





Rain Garden Planting

- Diverse native plants with year-round interest/color
- Consider height, bloom time, color, texture
- Should be able to tolerate saturated conditions and drought
- Sedges, grasses, flowering plants, woody plants
- Can add mulch, stone, fence, etc.
- Different zones have different plants
 - Drought tolerant vs. water-loving



Plant Species Selection

Perennials and ferns

Anise hyssop Great blue lobelia

Green and gold Blazing star

Blue false indigo Joe Pye weed

Blue flag iris

Boneset

Bottlebrush grass

Broomsedge

Butterfly weed

Cardinal flower

Cinnamon fern

Culver's root

Goldenrod

Mistflower

New England aster

Obedient plant

Sensitive fern

Soft rush

Swamp milkweed

Switchgrass

Tickseed

Tussock sedge





Talk with local nursery staff to assist with your selections!



Plant Species Selection

Shrubs

Black chokeberry Buttonbush Elderberry Gray dogwood Inkberry Ninebark Red-osier dogwood Silky dogwood Spicebush Sweet pepperbush Virginia sweetspire Winterberry Witch hazel





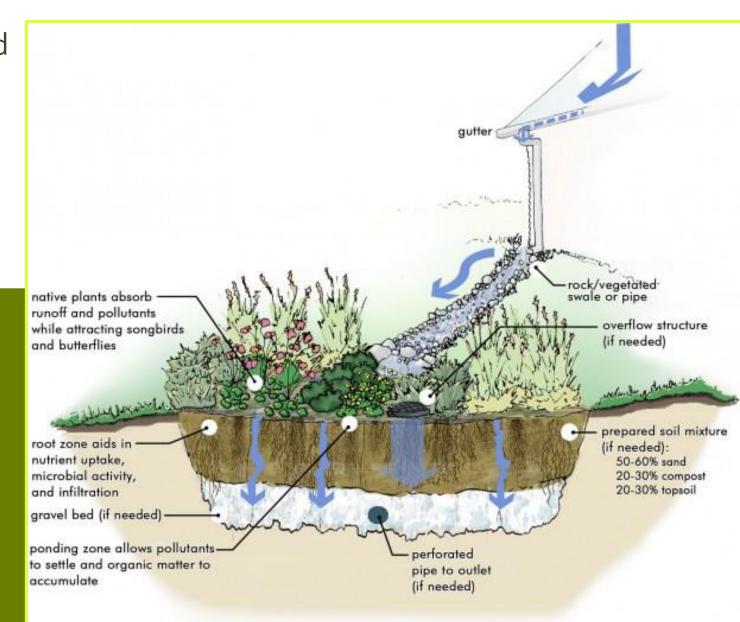






Directing Water to Garden

- Dig depressed grass trench, stone lined trench, or trench for extender pipe
- Can also rely on sheet flow
- Place stone at garden trench to reduce erosion if channelized



Rain Garden Maintenance

- Most maintenance in first two-three years
- Water just like any other garden after planting for the first year to establish healthy, deep roots
- Native plants will begin to outcompete weeds in 3rd year and beyond
- Weeding/Invasive removal
- Hardwood mulch
- Sediment removal
- Revegetate-after first year

Rain Garden Limitations & Considerations



- Water should drain within 72 hours
- Need to pick good location to avoid extended ponding
- Planning/design can be time-consuming
- Materials and construction may be costly
- May not have enough room to install desired size garden
- Rain garden seed mixes get more weeds/invasives
- Can create a "treatment train" with multiple practices
 (i.e. rain barrel overflows to rain garden with a pollinator
 garden on the downslope side).
- Check with your municipality for regulations/ordinances!

Additional Resources



- Raingardenalliance.org
- Montgomery County Maryland Rainscapes Rain Garden Resources
- Rain Gardens: A How-To Manual for Homeowners (University of Wisconsin Extension)
- http://www.stormwater.allianceforthebay.org/yarddesign
- ➤ Nemo.uconn.edu



Thank you!









Submit your evaluation form to Laura Hopek at Lhopek@LehighConservation.org



THANKYOU!

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Upper Saucon Township Environmental Advisory Council

