



Upper Saucon Township

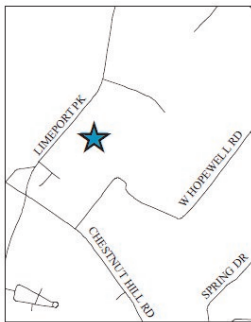
Local Farm Guide

This Buying Guide to Agricultural Products in Upper Saucon Township reminds residents of the agricultural history of our Township, and to support the people who are actively farming in our Township. The guide contains the names and contact information for some of the Township residents who are involved in various agricultural businesses.

Please be sure to call ahead for seasonal availability of produce.

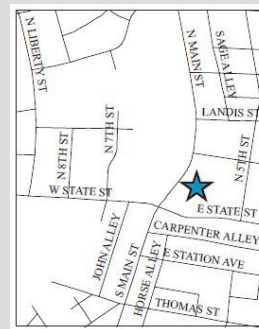
Facts About Buying Locally

Buying local foods decreases the fuel needed to bring food to market. Food purchased directly off the farm is also fresher and better tasting; due to the length of transit, fruits and vegetables are harvested before they can fully ripen, which tends to result in a decrease in flavor, freshness and nutrient levels. When local farmers sell their products directly to consumers, less money is spent on advertising and transit, so they can capture a much larger share of the food dollar. Additionally, making an effort to buy local produce and meats helps strengthen the regional economy and supports the preservation of the Township's agricultural heritage by making it financially feasible for families to continue operating their farms.



Gottschell Farm 5318 Limeport Pike, Coopersburg, PA 18036
(267) 496-6303 | www.gottschellfarm.com | Open every day, approx. 9:00 AM - Dusk

Salad greens and Herbs; Potatoes; Carrots; Snap peas; Broccoli Rabe; Green Beans; Onions; Zucchini; Cucumbers; Garlic; Peppers; Tomatoes; Watermelons; Celery; Winter squash; Chili peppers; Cut flowers.



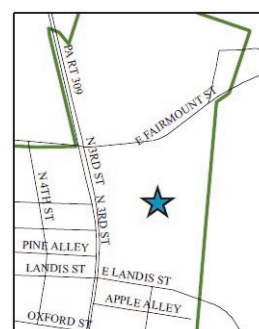
Coopersburg Farmers' Market Village Center, 21 North Main Street, Coopersburg, PA 18036
Wendy Sinko, Manager | (610) 282-0230 | coopersburgfarmersmarket.org | Thursdays, 3:30 PM - 7:00 PM, June 2 - October 6

Fruits; Vegetables; Live flowers and plants; Dairy; Meats; Baked goods; Canned goods; Herbs; Honey; Preserves; Eggs; Crafts;



Flint Hill Farms 1922 Flint Hill Road, Coopersburg, PA 18036
(610) 838-2928 | www.flinthill-farm.org | 8:00 AM - 6:00 PM

Eggs; Butter; Cow Milk; Goat Milk; Goat Cheese; Cow Cheese; Mozzarella Cheese; Cream Cheese; Yogurt; Buttermilk. A Certified raw milk dairy. Farm is open for educational family tours.



Lehigh Growers Market Living Memorial Park, Landis Road & Route 309, Coopersburg, PA 18036
Windy Springs Farms, Manager | (215) 536-8624 | Saturdays 9:00 AM - 2:00 PM

Fruits; Vegetables; Dairy; Meats; Baked goods; Canned goods; Herbs; Honey; Preserves; Eggs;

Additional vendors welcome, please contact manager.

Liberty Organic Gardens 4390 Liberty Road, Coopersburg, PA 18036
(610) 282-5860 | www.libertyorganic.com | farmer@libertyorganic.com

Wholesale Only. Contact the farmer for an updated list of restaurants and stores that use their produce.